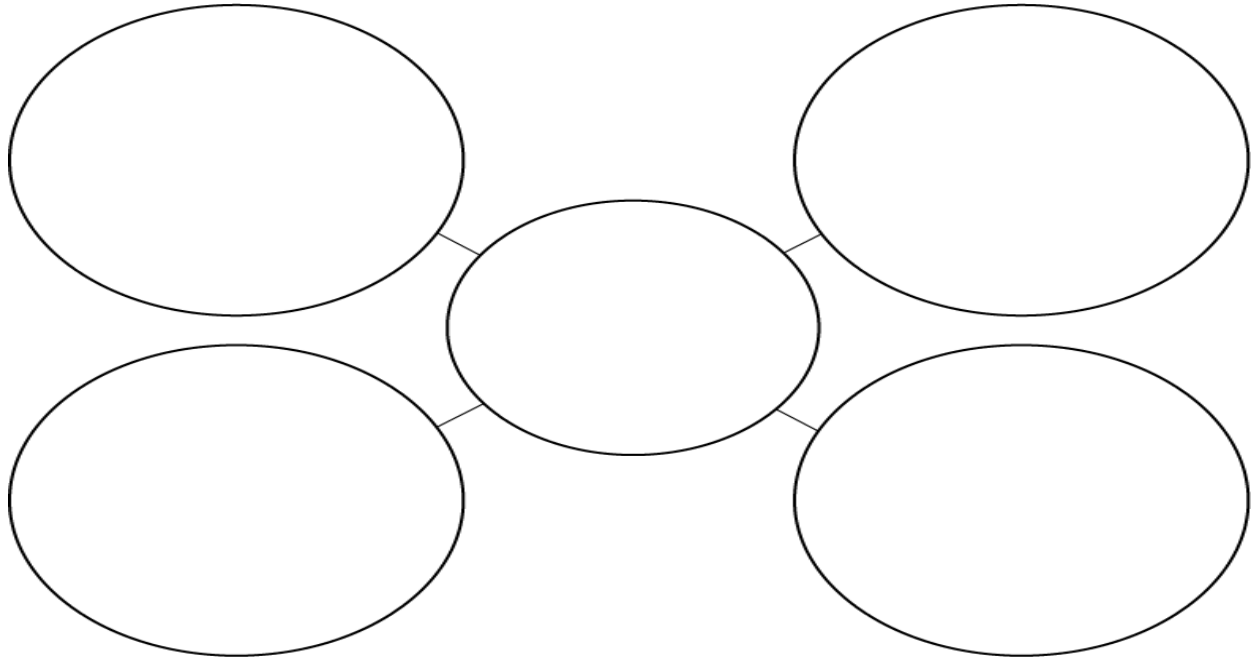


## My Multicultural Self Activity

Place your name in the center circle below. Write an important aspect of your identity in each of the satellite circles — an identifier or descriptor that you feel is important in defining you. This can include anything: Asian American, female, son, athlete, educator, Taoist, scientist, friend or any descriptor with which you identify.



1. Share a story about a time you were especially proud to identify yourself with one or more of the descriptors you used above. Think about sights, sounds, smells, experiences, environments, people, etc. for inspiration. Use the back of this sheet if necessary.

2. Share a story about a time it was especially challenging to be identified with one or more of your identifiers or descriptors. Think about sights, sounds, smells, experiences, environments, people, etc. for inspiration. Use the back of this sheet if necessary.

3. Name a stereotype associated with one of the groups with which you identify that is not consistent with who you are. Fill in the following sentence: I am (a/an) \_\_\_\_\_ but I am NOT (a/an) \_\_\_\_\_

EX: If one of my identifiers was "Fraternity Man/Sorority Woman," and I thought a stereotype was that all Greek members are ignorant, my sentence would be: "I am a Fraternity Man/Sorority Woman, but I am NOT ignorant".